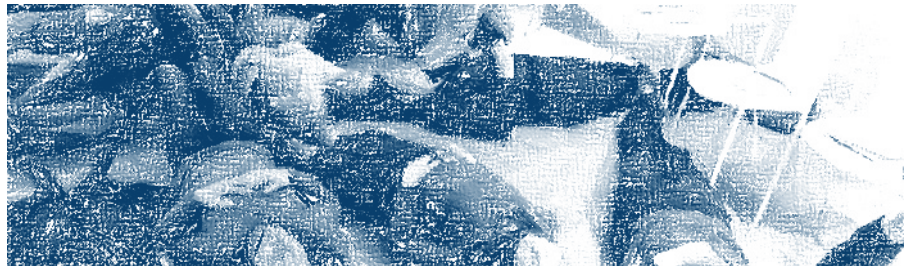


# Facilitate Team Strategy and Engagement *Using The Solution Focused Team Impetus Model*

2 Day In House Skills Development



## Impetus:

*“A force that moves  
something (a team)”*

In House Programme.

English language.

This workshop equips you to facilitate the Team Impetus Model with teams, to shape strategy, engage people and create impetus.

*"I took part in John's Team Impetus Training in Cologne in January and what I gained from it was worth a lot more than what I had to pay. John's approach to Training and Workshops is fun, stimulating and creative and the tools he has developed (such as the Team Impetus Model) are very effective in any context. I have used them with great results in various professional and private situations.*

*The workshop also brought together a unique blend of participants with different professional backgrounds who were a pleasure to collaborate with and who were willing to share their own experience, insights and expertise with the rest of the group.*

*In combination with John's skills as a facilitator and teacher the group offered me a memorable and profitable experience."*

*Michael Sauer. Consultant, Germany*





## Team Impetus Model

The Model (please see picture below) is based on the Solution Focus (SF) approach to change, an approach that focuses on what the team wants to achieve and progress towards it. John Brooker of Yes! And... developed the Team Impetus Model based on his experience of facilitating teams globally with Solution Focus and his learning from fellow SF practitioners.

*John, here is a testimonial from a client with whom I used your Team Impetus Model. They say it:*

- “Gives insights in where we want to go and what is critical for that.
- Gives a relevant list of actions that need to be undertaken.
- Creates connection between the persons of the team and creates mutual respect.
- Gives A LOT OF ENERGY”

*Chris Aertsen – Consultant, Belgium*



## Use the Model to Enhance Your Work

The model helps in three ways. It:

1. Provides you with a valuable framework in which to effect change with a team.
2. Enables you to use Team impetus with different types of change, for example, to transform an underperforming team or to set team business strategy.
3. Gives you lots of tools to facilitate workshops that are participative, engaging and energising.

The model provides you with a structure, not a straitjacket. At all times when using the model we adhere to SF principles of “each situation is different” and encourage you to consider how you might flex the model for different situations.





## Who Should Attend?

### You might be:

- A team leader or project manager who would like to learn a fresh approach to engage your team and have them collaborate in an energetic way
- A facilitator or team coach who wants increased confidence to work with teams and / or Solution Focus
- HR / Training professionals who would like to add further tools to their facilitation and team building repertoire.

This workshop will help you, whether you work in line or staff management.

We will provide articles on SF prior to the course for you to read if you wish to prepare in advance.

### Language

The workshop is in English. Second language English speakers have found it easy to understand the material and there are clear instructions for all exercises.

## You Will Take Away

From this highly participative, interactive, course you will take away:

- **A presentation** on the Team Impetus Model with **detailed explanations on how to use the tools**
- **An Excel template for the Progress Canvas** to help you capture your work with teams
- **Facilitation tools** to maintain energy and build collaboration
- **Practical tips** on how to apply Team Impetus with teams
- The **enthusiasm and motivation** to use the Model in your work
- An **enriched network** of leaders and fellow SF practitioners.

In addition delegates can participate in a group conference call, post event, to consolidate any learning and discuss any questions they might have.



*“We have applied your Team Impetus model in several management teams.*

*It makes it easy to facilitate these kinds of meetings. Every one of them led to very concrete results and were much appreciated by all the participants.”*

*Anton Stellamans, Ilfaro Belgium.”*





## The Workshop Leader

**John Brooker** is a former Senior Vice President of Visa and tutored for 14 years on the Open University (UK) MBA programme, Creativity, Innovation and Change. He has used Solution Focus to facilitate multi cultural teams since 2004, working throughout Western and Eastern Europe, the Middle East and Africa, as well as Asia and the USA.

The Team Impetus Model reflects his experience to date and John will pass on this experience, including:

- Different uses for the model, that include team transformation and strategy
- Novel tools that John has developed for different stages such as Constructive Rant and Sprint Actions
- Tips for motivating teams.

John facilitates highly participative, practical and energetic learning events and encourages you to reflect and apply what you learn to your own work.



## Contact Us

To discuss fees, available dates, a shorter course, an open course or an operational Team Impetus workshop, contact John Brooker:

Write: [hi@yesand.eu](mailto:hi@yesand.eu)

Speak: +44 (0) 7866 431046

Read: [www.yesand.eu](http://www.yesand.eu)

## Learn More

To learn more about the SF Approach please visit: <http://www.yesand.eu/achieve-targets/>.

Here you will find articles and a podcast on how one client has used SF, with great results.

